RECREATION CENTER OPERATING RULES, GUIDELINES AND REGULATIONS ST. THOMAS ORTHODOX CATHEDRAL

"Whatever you do, do all to the glory of God" 1 Corinthians 10:31.

FORMATION OF THE CRC:

- 1. The new CHURCH RECREATIONAL COMMITTEE ("CRC") was formed
 - a. The CRC is a subcommittee under the Managing Committee, and shall have an initial two-year term, starting in October 26, 2018 ending December 31, 2020. The two-year term is necessary to provide sufficient stability and time to implement proper operating procedures for the Recreational Facilities, as well as for recreational activities in general. Subsequent term limits will be one year or revised as needed. At the end of the initial two-year term, a new CRC membership will be formed under the direction of the Managing Committee with the approval of the Parish Assembly.
 - b. The tasks of the CRC include, but are not limited to:
 - i. Implementing rules of operation, access, and code of conduct regarding all recreational activities associated with the Church, whether such activities take place on Church grounds or at another location.
 - ii. All CRC decisions shall be reported to the Managing Committee and shall be recorded to the minutes book.
 - iii. Coordinating all recreational activities associated with the Church, including, but not limited to:
 - 1. Controlling access to Recreational Facilities including coordination of the opening and closing of the Recreational Facility (see Addendum C: Recreational Facility Access and Procedures Check List)
 - 2. Overseeing participation in any Church Team activities, including, Basketball Teams, Volleyball Teams, Badminton Teams, Cricket Teams, etc.

- 3. Coordinating all church-sponsored tournaments held at any location, including scheduling, forming participation rules, coordinating acquisition of uniforms, funding, etc.
- 4. Overseeing maintenance of the Church Recreational Facilities, e.g. periodic floor maintenance
- 5. Other tasks assigned by the Managing Committee or the Parish Assembly
- iv. Acquiring materials, tools, cleaning supplies, etc. for Church Recreational Facilities in accordance with the allotted budget and in consultation with the Parish Trustee and Facility Manager
- v. Acquiring equipment for the Media/Game room in accordance with the allotted budget or from CRC coordinated fundraising events approved by the Managing Committee
- vi. Determining rules of usage and access for Media/Game room in consultation with the facility manager (in addition to other Recreational Facilities)
- vii. Implementing Rules, Guidelines and Regulations regarding any Church-related Recreational activities [move to top]
- viii. Abiding by liability protections (including insurance, implement sufficient safety rules, waivers, etc.) in accordance with Church policy
 - ix. Performing other tasks assigned by the Parish Assembly or the Managing Committee.
- c. The membership for the CRC will be determined by the Parish Assembly, and the Managing Committee will provide oversight of the CRC. The CRC should include at least the following persons (see Addendum A: List of CRC members):
 - i. The Parish Vicar and Assistant Vicars
 - ii. CRC Chairperson there shall be a Chairperson selected by the CRC and appointed by the Parish Vicar
 - iii. The Church Secretary and Joint Secretary are automatically members of the CRC
 - iv. The Church Trustee and Joint Trustee are automatically members of the CRC
 - v. The Facility Manager is an automatic member of the CRC

- vi. Additionally there will be up to Sports Representatives the Sports Representatives will be in communications with Captains or Leaders of each team or activity group
- vii. All CRC members must be eligible Parish Assembly members
- viii. The Parish Vicar or his designate will preside over all CRC meetings. The CRC Chairperson has many responsibilities, including being available to come to the Recreational Facilities at various times, oversee activities, ensure proper access, facilitate CRC meetings, etc.
 - ix. In order to join or remain in the CRC, all CRC members must agree to (See Appendix E) Duties and Responsibilities of CRC members

2. RULES AND REGULATION

- a. A large sign containing rules and code of conduct should be posted, see Addendum B: Rules and Regulations
- b. A detailed Code of Conduct will be posted in the Recreation Center at all times. The Code of Conduct will include various behavior standards, including showing courtesy, Christian behavior, no cursing or using abusive language, etc. The CRC shall periodically review Addendum B and shall revise it as necessary.
- c. The waiver will include an agreement to adhere to the Code of Conduct, which must be signed by each participant in order to participate in the Recreational Facility. If the participant is a minor, a parent or guardian must sign the waiver on behalf of the minor prior to participation in the Recreational Facility. A minor is anyone under the age of 18. All minor participants under age 12 must be accompanied by a parent or legal guardian while the participant is at the Recreation Facility. No minor under the age of 12 may use the Recreation Facility without adult supervision.
- d. All access to the Recreational Facilities requires holding breaks in action for designated Prayers, fellowship activities, and/or Bible Studies. Clergy will provide direction regarding the Prayer, Fellowship, and Bible Study breaks.
- e. All Recreational activities will begin and end with Prayer.

- f. Entrance to the gym is limited to the main entry next to the locker rooms. Other doors are to be used only as an emergency exit, or for special exceptions that are explicitly authorized by the CRC. Absolutely NO ENTRY will be allowed from the exterior doors during normal operations. Exit alarms (separate from fire alarm) must be installed on the exterior doors.
- g. Appropriate shoes must be worn in the gym at all times (no dress shoes, boots, high-heels, etc.)
- h. Everyone must wipe their feet on special mats prior to entering the gym to avoid small rocks and pebbles stuck to the bottom of shoes that will damage the floor.
- i. Only water and sports drinks in closed containers are allowed in the gym, however, all drinks are RESTRICTED to certain areas where padding will be provided. Any moisture must be cleaned immediately.
- j. Absolutely no food allowed in the gym
- k. Only tables and chairs with special rubber footings will be allowed in the gym
- 1. The bleachers cannot be moved without permission from a CRC member, or a person assigned by the CRC Chairperson
- m. Electrical operation of the goals, divider-curtain, and any equipment can only by performed by a the CRC Chairperson, or a CRC member assigned by the CRC Chairperson, or in absence of a CRC member, a person assigned by the CRC Chairperson
- n. Keys to the gym are restricted to Clergy, select CRC members, or in absence of a CRC member, persons assigned by the CRC Chairperson.
- o. Before and after gym usage, the floor must be swept by the participants using special gym-sweepers
- p. The CRC should ensure climate control for a comfortable participant experience, as well as for proper maintenance of the facilities (e.g., maintain proper temperature and humidity control to prevent damage to gym-floor).
- q. Each participant of the Recreation Center of the St. Thomas Community Center must agree to the requirements of Appendix F Code of conduct Responsibility Agreement.

3. <u>FEES</u>

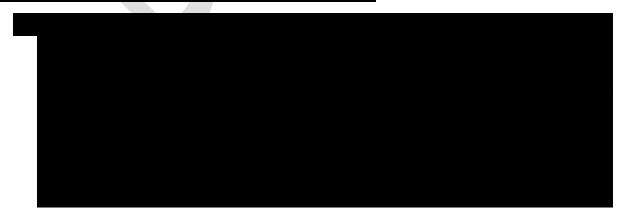
a. There will be no fees charged to Parish members unless otherwise decided by the Parish Assembly

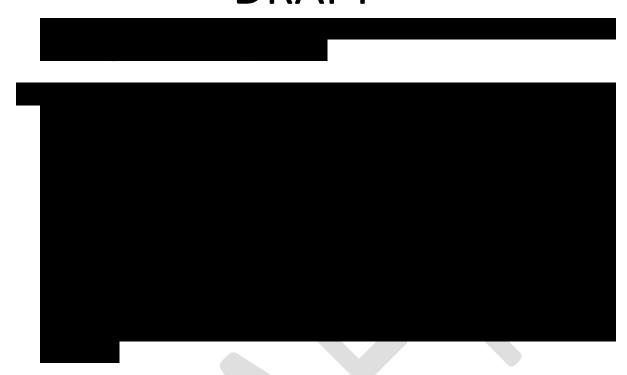


4. ACCESS

- a. Initially, normal access determined by the CRC.
- b. <u>"Access"</u> means entrance to any facility associated with the Recreational Facility. "<u>Recreational Facility</u>" means any area of the St. Thomas Community Center that does not include the Chapel, the Sunday School areas, the Conference Room, and the Clergy Retreat. Recreational Facility also includes other recreational area on the St. Thomas Cathedral Campus.
- c. The schedule below is for "normal" use. There will be exceptions, such as scrimmages, special competitions/tournaments. The schedule will change during the Summer and Winter School Breaks to accommodate students and will be revised as needed at the discretion of the CRC.
- d. The schedule is designed to provide maximum use by members of all ages and gender. Some adjustments may be made to accommodate maximum participation.
- e. Access Schedule is provided in Addendum D

HISTORICAL BACKGROUND OF THE CRC:





Presented and approved by the Parish Assembly on ______.